



## 2019/2020 Season

Dear Rugby Fan,

Welcome to the new season, which promises to be our most exciting yet. Not only is it the Rugby World Cup there is lots planned at LBRFC.

We've updated our playing strip with a modern looking kit from Macron [*coming later this season*] with some new club sponsors and partnerships with local businesses. We're working more closely than ever with the Community teams at both the RFU and the Northampton Saints and have already planned some great events.

On top of this, our Girls non-contact section is going from strength to strength. We've been playing touch rugby all through the summer and with our first training session last Sunday, it looks like we're off to a great start.

Over the summer we've been working hard to streamline lots of our administration this year to make it easier for our small band of hardworking Volunteers and you'll see plenty of information and keep up to date with what going on by visiting our new [website](#). Long Buckby RFC. Why not bookmark this along with our [Facebook](#) page so you're always in the loop?

### **New Registration process**

It's all online now to make it easier for everyone. Please [sign up](#) via the club website. Membership for 2019-20 is £55 per player until Sept 15th and then it's £65. There is a discount of £25 for a 3rd sibling. New Players joining the Minis get a free club shirt – just print off your online membership receipt, get it signed by your age grade Head coach and take it to the club shop.

### **Club Shop / Macron Kit**

The Club Shop has been fully restocked ready for a busy new season. All players representing the club should wear club shirts, socks and shorts for matches. The shop is open Sunday mornings 09.30 – 11.30 but we also have a great range of kit in our [online shop](#) which can be found on our website. We have samples for sizing, so please pop in and look and Louise and Mitch will be happy to help.

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### **Recruitment**

The more the better! We want rugby to be a lifelong pleasure for as many people as possible. It's a special sport based on the values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship. For many people it becomes a way of life so let's encourage as many people as possible to come and play the game or play a part in the Long Buckby RFC family.

If you have any friends or family who have children who have shown an interest in playing or being involved in rugby by coaching or refereeing, please encourage them to come and see us – no experience is required, and they'll be sure of warm welcome. We also have a 'Bring a Buddy Scheme' where you can earn an Amazon Voucher!

Hopefully the Rugby World Cup will inspire another generation of players.

We particularly would like to encourage Junior players for our u12s – u16s sides.

For more information, please email me on [play@lbrfc.com](mailto:play@lbrfc.com) and I will be happy to help.

### **Volunteers**

We rely solely on our wonderful Volunteers to keep the show on the road but we could always do with a few more helping hands in a variety of roles and at events. We're a friendly bunch and it's a great, family atmosphere so if could spare just a couple of hours a week or have any specific skills you could bring to the club, please contact me. All help is very much appreciated!

The M&J Committee and I wish everyone a fantastic season of rugby ahead.

Good luck and have fun!

### **Craig York**

*MJ Chairman + U11 Head Coach*

Accompanying this letter, you will find the following information:

- LBRFC Codes of Conduct
- 2019/20 fixture list