



Long Buckby RFC

Codes of Conduct 2019-20



The RFU Codes of Conduct ensure that all adults within a rugby club clearly understand the acceptable standards of behaviour towards children and young people.

All club members must adhere to the relevant RFU Codes of Conduct:

- Club Codes of Conduct
- Coaches Codes of Conduct
- Young People Codes of Conduct
- Parents Codes of Conduct
- Spectators Codes of Conduct
- Match Officials Codes of Conduct

These Codes of Conduct are supported by the East Midlands Rugby Football Union and breaches will be reported for the appropriate action to be taken.

Long Buckby Mini & Juniors ensures and makes available the following Codes of Conduct to all club officials, coaches, young players, medical support staff, parents and spectators etc. When joining the Long Buckby Mini & Juniors, you will be asked to sign to ensure you are aware of the various Codes of Conduct and must agree to abide by them. Breaching the Codes of Conduct will mean that appropriate action will be taken to ensure the well-being, safety and enjoyments of all young players.

The positive aspects of the sport e.g. fair play must be promoted.

Behaviour contrary to the spirit of the Laws of the Game or relevant regulations of the use of prohibited techniques or substances must never be condoned.

Long Buckby Mini & Juniors Codes of Conduct ensures that:

- The rights, dignity and worth of young people are respected and treated.
- The physical and emotional well-being of all young players must be placed above all other considerations.
- The relationship developed between adults and young people with whom they work must be based on mutual trust and respect.
- All activities undertaken are appropriate to the age, maturity, experience and ability of the young players.
- Young players should be encouraged to accept responsibility for their own behaviour and performance.
- Young players (and their parents/carers) are aware of what is expected of them both on and off the rugby field and also what they are entitled to expect from the coaches.
- Everyone, including coaches, officials, doctors, physiotherapists have been DBS checked.

Coaches Codes of Conduct

Long Buckby Mini & Juniors Codes of Conduct for Coaches ensures that:

- The Coaches provide experiences, which are matched to the young player's age and ability, as well as their physical and mental development.
- All youngsters are coached in a safe environment with adequate first aid readily available.
- The coaches avoid overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- There is appropriate supervision of young players both on and off the field.
- They recognise that young players should never be exposed to the extremes of heat, cold or unacceptable risk of injury.
- The coaches develop an awareness of nutrition as part of an overall education in lifestyle management.
- They recognise that it is illegal for young players under 18 to drink alcohol.
- They ensure that their knowledge and coaching strategies are up to date and in line with the RFU philosophy and expectations.
- They are aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home or abroad.
- The coaches are aware of, and abide by, the policies and procedures outlined in the policies and procedures of welfare of young people in Rugby Union.

In Rugby Union Coaches should:

- Recognise the importance of fun and enjoyment when coaching young players. Most learning is achieved through 'doing'.
- Appreciate the needs of the players before the needs of the sport.
- Be a positive role model.
- Keep winning and losing in perspective – encourage young players to behave with dignity in all circumstances.
- Respect all referees and the decisions they make (remember it could be you refereeing next week), and ensure that the players recognise that they must do the same.
- Provide positive verbal feedback in a constructive and encouraging manner, to all young players both during coaching sessions and games.

Young People's Codes of Conduct

- All young people treat each other with the same respect and fairness.
- They respect differences in gender, disability, culture, race, ethnicity and religious belief systems.
- All young people appreciate that every player brings something valuable and different to the game.
- They show patience and act with dignity towards others at all times.
- They are aware of their own welfare and that of others and that they do not act irresponsibly or illegally.
- All young people take time to thank those who assist them, whether it be family, organisations or team mates.

Parent's Codes of Conduct

Long Buckby Mini & Juniors Codes of Conduct for Parents ensures that:

- They remember that young people play rugby for their own enjoyment not that of their parents.
- They encourage young people to play – do not force them.
- They focus on the young player's efforts rather than winning and losing.
- They are realistic about young player's ability, not pushing them towards a level that they are not capable of achieving.
- They provide positive verbal feedback both in training and during the game.
- Remember persistent, negative messages will adversely affect the players and referee's performance and attitude.
- They always support the rugby club in their efforts to eradicate loud, coarse and abusive behaviour from the game.
- They remember that young people learn by example.
- They always show appreciation of good play by ALL young players both from their own club and the opposition.
- They respect decisions made by the match officials and encourage the young players to do likewise.

Long Buckby Mini & Juniors encourages parents to:

- Be familiar with the coaching and training programme in order that their child is fully involved and the coaches are aware of their ability.
- Be familiar with the teaching and coaching methods used by observing the sessions in which their child participates.
- Be aware that the club has a duty of care and therefore, where appropriate, assists coaches with the supervision of the young players, particularly where numbers are large and there is a need to transport youngsters to away games.
- Be involved with club activities and share their expertise.
- Share concerns, if they have them, with club officials.
- Be familiar with the 'Good Coaches Code' and in particular that Coaches should recognise the importance of fun and enjoyment when coaching young players.
- Coaches should keep winning and losing in perspective, encouraging young players to behave with dignity in all circumstances.
- It is important that parents support coaches in instilling these virtues.

Spectator's Codes of Conduct

Long Buckby Mini and Juniors Codes of Conduct for spectators ensure that:

- In Rugby Union players are impressionable and their behaviour will often reflect that of the adults around them.
- In Rugby Union we welcome spectators on our touchlines who embrace the ethos of the game as one of FUN, ENJOYMENT and SKILL DEVELOPMENT.

In Rugby Union Spectators are encouraged to:

- Act as positive role models to all young players.
- Be familiar with, and abide by, the RFU and RFUW Welfare of Young People guidance in relation to verbal and emotional abuse.
- Respect the rugby club policy with regard to spectator behaviour.

Match Officials Codes of Conduct

- Recognise the importance of fun and enjoyment when officiating young players.
- Provide verbal feedback in a positive way during games.
- Appreciate the needs of the players.
- Be a positive role model.
- Recognise that safety is paramount.
- Explain decisions – most young players are still learning.
- Never tolerate verbal abuse.

Officials should not:

- Change in the same area as young players.
- Shower with young players – agree a timetable with the coaches.
- Be alone with young players at any time – if a young player comes into the dressing room ensure another adult is present.
- Check studs without the coach being present.
- Administer first aid.
- Allow a young player to continue playing if there are doubts about his/her fitness.
- Tolerate bad language from young players.
- Engage in any inappropriate contact with young players.
- Give a lift to a player, unless there are other young people or adults in the car and the parents are aware.
- Take a young player to their home.
- Overtly criticise young players or use language which may cause the player to lose confidence or self-esteem.
- Make sexually explicit remarks to young players, even in fun.

Officials must always:

- Report, in writing, to the Club Chairman and/or Society Secretary, behaviour by adults which you feel contravenes RFU and RFUW recommended Policies & Procedure for the Welfare of Young People:
 - Verbal bullying by coaches/parents/spectators.
 - Physical abuse by coaches/parents/spectators.
 - Inappropriate or aggressive contact by an adult to a young person.
 - Verbal abuse directed at the official by young people or adults.
- REMEMBER: The welfare of all young people is paramount.

For more information regarding Long Buckby RFC please visit:

LBRFC Mini & Junior Section Officials:

Chairman	Craig York – 07803 209205
Vice Chairman	Richard Wilch / James Lyon
Secretary	Hayley Wilch
Treasurer	Rhoda Thomas
Fixture Secretary	Alan Forbes
Child Safeguarding Officer	Ursula Mckechnie
Coaching Coordinator	Ben Jones
Playing Field Representative	Ian Mawby